

“SAC” Concussion Management Parental Consent Form

Overview:

Standardized Assessment of Concussion (SAC) is a neurocognitive evaluation/ test which allow healthcare providers to assess mental and motor status following a concussion in sports. Often even when the physical examination returns to normal in a concussed athlete, there still can be significant cognitive deficits that go undetected. Additional concussions that occur before the brain has had a chance to heal may be a mechanism for permanent damage to neural structures rarely, repeat concussions before full healing has occurred can be catastrophic.

SAC is considered one of the industry standards for such assessment and has a thorough research history to back it up. It is used all over the country by professional, college and high school sports programs to assist in evaluating when neurocognitive function has returned to normal after a concussion.

The testing process is straightforward; an athlete takes a 5 minute baseline test that the athletic trainer uses to establish baseline cognitive function during pre season. If a concussion occurs, a post injury test can be given and repeated if necessary to determine when this function returns to the normal baseline measures from the pre test.

Some of the cutting edge research in this area is now indicating that the adolescent brain actually takes longer to heal than an adult after a concussion. This is why we feel strongly that this program might help improve the management of these sports concussions at HWRHS. If you would like your child to participate in this baseline evaluation, please sign and date this form. If not, please sign and date the second box.

Thank you,
Hannah Magerman, LATC

I give permission for my son/ daughter, _____ to participate in SAC baseline test.

Parent or guardian's signature

Date

Student Athlete's Signature: _____