**2017-18 Salem News
Hamilton-Wenham Winter Sports Previews
Dec 19, 2017**

**BOYS HOCKEY**

**Last year’s record:** 0-17-3
Head coach: Rob Ryan (2nd season, 0-17-3)
Captains: Cam Vautour, Sr. F; Kit Shaw, Sr. D; Jack Gebhardt, Sr. D.

**Other key players**: Aidan Daly, Jr. F; Griffin Penn, Sr. F; Matt Dearborn, Soph. F; Callum Hunt, Jr. F; Jack Greenwald, Sr. F; Cilnt Gourdeau, Jr. D; Mark Roselli, Jr. D; Tucker Apgar, Jr. D; Finn Brophy, Soph. G; Grant Landon, Fr. G; Cam Guyer, Jr. F; Henry Jones, Jr. F; Keegan O’Shea, Soph. F; Henry Smith, Jr. F; Will Hogan, Jr. F; Luke McClintock, Fr. D.

**Home rink**: Johnson Rink, Pingree School, South Hamilton

**Outlook:** With a year’s worth of experience, the Generals should be vastly improved in 2017-18. Greenwald is a transfer with speed and stickhandling ability who should be an immediate impact player up front. Hamilton-Wenham has seen its players get bigger and stronger in the offseason and should benefit from its independent schedule while still playing Cape Ann League teams such as Pentucket, Amesbury and Lynnfield. The squad aims to play disciplined defensive hockey, score the first goal of each game and take fewer penalties than their foes.

 **BOYS BASKETBALL**

**Last year’s record**: 17-5 (Lost to Pope John in Division 4 North quarterfinals)
**Head coach:** Mike DiMarino (3rd season)
**Team captains**: Billy Whelan, Jr. G; James Lustig, Sr., C; Jake Lanciani, Sr., G;

**Other key players**: Cameron Peach, Sr., F; Cole Dwyer, Sr. F; Alex Renaud, Sr., G.; Paul Horgan, Jr., G/F; Michael Moynihan, Jr., G/F.

**Home court**: Hamilton-Wenham Gymnasium

**Outlook:** The Generals are coming off another successful regular season but suffered a tough-to-swallow first round exit in tournament play. This winter, they’ll look towards a deeper run with much of their core returning for a redemption campaign. They’re a versatile, smart and deep squad that should compete for another CAL title.

**GIRLS BASKETBALL**

**Last year’s record:** 15-9 (lost to Arlington Catholic in Divsion 2 North final)
**Head coach:** Jon Flanagan (1st season; previously head coach at Gloucester High)
**Team captains:** Cecily Szady, Sr., Center; Lauren Flynn, Sr., Guard

**Other key players:** Isabelle Dolan, So., Guard; Madison Rivers, So., Point Guard
**League:** Cape Ann Leauge
**Home court:** Hamilton-Wenham High School

**Outlook**: In a turn of events last year’s coach, Jon DeMarco, unexpectedly resigned before the start of the season. Flanagan, former Gloucester girls basketball head coach, will take over the program and look to bring the Generals back to the sectional final.

**SWIMMING**

**Last year’s record:** 4-2
**Head coach:** Natalie Klobucher (4th season)
**Team captains**: Max Martin, Sr., breaststroke/fly/free; Maggie Perrotta, Sr., free/backstroke; Tori Cooper, Sr., free.

**Other key swimmers**: Camille Martin, Soph., 500 IM; Jordan Reader, Soph., 500 IM; Maddie Katz, Jr., all-around; Caroline Pratt, Soph., all-around.

**Outlook:** The Generals boast a talented core on the girls side but lost some key members to the boys swimmers and divers. Head coach Natalie Klobucher is excited to see what the newcomers can do in the pool and hopes for another successful season in the CAL.

**BOYS INDOOR TRACK**

**Last year’s record:** 1-9
**Head coach:** Steve Sawyer (19th season)
**Captains:** To be named

**Key athletes:** Ari Massos, Sr., Hurdles/Relay; Anthony Pallazola, Sr., Sprints/Relay; Jake Sturim, Jr., Distance; Jack McMahon, Jr., Distance; Sam Lombardo, Jr., Sprints/Relay; Charlie Butler, Soph., Distance

**Home meets held at**: Reggie Lewis Track & Field Center, Roxbury

**Outloo**k: With numbers in the program down, the Generals are looking for more boys to come out for the team and help fill out all events.

 **GIRLS INDOOR TRACK**

**Last year’s record:** 5-5
**Head coach**: Steve Sawyer (19th season)
**Captains:** To be named

**Key athletes**: Rebecca Erhard, Sr., Distance; Charlotte Rubel, Sr., Sprints/Relay; Riley Folger, Jr., Distance; Liz Gasiorowski, Jr., Sprints/Jumps; Isabella Schwartz, Jr., Sprints/Jumps; Vennett Nostrand, Soph., Distance; Jordan Story, Soph., Sprints/Middle Distance; Gwyneth Fitzpatrick, Soph., Hurdles/Sprints

**Home meets held at**: Reggie Lewis Track & Field Center, Roxbury

**Outlook:** The team’s numbers are good and there’s some young talent in the mix, so the Generals should be competitive.

 **2017-18 Salem News
Team-by-team North Shore gymnastics previews
Dec 29, 2017**

**HAMILTON-WENHAM/MANCHESTER ESSEX**

**Head coach**: Chris Way (1st season, but did coach for two seasons several years ago)

**Team captains**: Annika Dahlin, Jr. from Manchester-Essex, all-around; Rose Wosepka, Jr. from Hamilton-Wenham, vault/beam/floor

**Other key athletes**: Tess Richard, Fr. from Manchester-Essex, all-around; Avari Litka, Fr. from Manchester-Essex, bars/beam/floor; Elllie Pitkin, Soph. from Hamilton-Wenham, vault/bars/beam; Rachel Lee, Jr., from Hamilton-Wenham, vault/bars/floor

**League**: Northeastern Conference/Cape Ann League South

**Home Meets**: Iron Rail

**Outlook**: It’s a brand new team for the Generals, with a small squad and no seniors. Way said the girls have been working hard and are excited to start the season. This is the program’s first year competing at the varsity level in some time, and the goal is to continue to grow as a team..